

OBSTETRIC ULTRASOUNDS

Ultrasound examinations are a safe and painless procedure. Ultrasound scans use sound waves to construct a picture of your baby. An ultrasound is used to check the baby's growth and take a head-to-toe look at the baby's anatomy. The detail provided by an ultrasound depends on how far along you are in the pregnancy, the amount of fluid around the baby, and the size of the mother.

How Should I prepare for an obstetric ultrasound?

A full bladder is recommended to have during the ultrasound examination. Normally 16 ounces of fluid, one hour prior to the exam is sufficient. This is to aid in the visualization of the uterus. You should not be uncomfortable during the exam. There are no restrictions on eating before your ultrasound. The full ultrasound exam should take around 30 minutes.

GYNECOLOGIC ULTRASOUNDS

Ultrasound can be very helpful for diagnosing abnormalities of the pelvis. There are two approaches that can be used to visualize the pelvic organs. Trans-abdominal ultrasound can be performed to evaluate the general location and size of the uterus and ovaries. Trans-vaginal ultrasound is performed by placing a small camera in the vagina. This type of ultrasound is normally well tolerated and is very helpful in obtaining measurements. Every attempt will be made to help our patients to feel comfortable and well cared for.

How Should I prepare for a gynecologic ultrasound?

The patient should come to the office for the pelvic ultrasound with a full bladder. Normally 16 ounces of fluid, one hour prior to the exam is sufficient. You should not be uncomfortable or in pain during your exam. There are no restrictions on eating before your ultrasound. The full pelvic exam should be less than 30 minutes.